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# Travel

SUNSHINE HOME FROM HOME. Cruise and Hamilton Rosewood Resorts at Le Saint Germain, Mauritius

## Mauritius, I've never seen you looking so lovely



**A**T THIS year's New Year's Eve party it's become something of a tradition that I get up and perform. There is an incredible resident band at the One & Only Le Saint Germain resort in Mauritius with two or three players I would be proud to have in my own band. I don't have to rehearse with these guys they are so gifted. I just have to get in and sing.

**Chris de Burgh treats fans to an intimate concert at his family's favourite Indian Ocean getaway**

any songs that will get people dancing - that's Calypso, Long Train Running and Hey Jude is a great way to end the set. We get everybody singing along then I sing off stage and through the crowd while they just carry on singing.

Last year, it was decided to do something different. The staff at the hotel said if I could like to be treated with a combination of two

and it began with a champagne reception. Working with the restaurant's assistant, I chose a different wine for each course and introduced them with a short and, hopefully, informative, talk. My first course was a 2001 Pinot Noir from Germany. I opened a lot of wine in Germany and I find their wines incredibly exciting.

There is a new generation of musicians that are getting away from labels such as Black & Navy and Lieke Martens and all that gritty stuff that was popular in Britain during the 1970s. Some of the musicians are now oppositional. I chose one from the Yorkshire region, which everybody adores.

With our fish dish, I presented a saxophone and

Turn to Page 36 >>



WATER WORLD: Villas at Le Saint Germain have their own beautiful pool. Left, Rosanna enjoys a spot of sunbathing at the five-star resort

## It's not just a massage, this is an hour of bliss

Chris de Burgh's daughter ROSANNA DAVISON gives her verdict on Le Saint Germain's luxurious spa.

**N**ESTLED among the lush palm trees of the hotel's tropical gardens lies the newly refurbished luxury spa known as the One & Only Spa. After you enter the cool and fragrant interior, the shrill beeping and intense humdrum of the outside world fade into the background and the process of rest and rejuvenation of mind, body and spirit begins. I am greeted by smiling Mauritius faces and guided to the relaxation area.

Chairs and loungers face out towards the sparkling blue sea-dappled surface of the infinity lap pool. The pool is framed by vegetation and to shape guide the eye out

beyond to the deep blue expanse of the hotel's private lagoon.

Much of the spa is decorated in creamy neutral tones and complemented by the textured soft furnishings. It instantly creates a mood of serenity and self-reflection.

I sit back and sip a chilled glass of ginger and cinnamon tea as my therapist explains my choice of tailor-made treatments from all three stages to equilibrium - mental, motor and physical.

Many visitors to the spa divide-up treatments from all three stages to restore their optimum equilibrium.

However, as I have spent almost a week on the island already and feel truly relaxed, I choose to have a restore massage, designed to rebuild energy levels and to encourage the natural detox process by

**CHILLED OUT:** Rosanna loved the resort's spa

helping the body to cleanse itself. For the next 60 minutes, my entire body is gently permeated with sweet-smelling herbal products, dipped in warm saucer and lemon oils, before being deeply massaged with fragrant oils.

I lie contentedly on the heated bed as each part of my body is lovingly restored, with limbs and tissues being rolled up by strong hands.

I emerge from the treatment room feeling relaxed yet invigorated, and glistening with a concoction of healing oils.

As a pinky drink envelopes the island, I wander off towards the hotel in a blissful haze, wrapped up in my Duffy bathrobe.

ity moved around a lot when I was young.

I have strong memories of Jukka as a child - the sights and sounds of a vegetable market in Laguna were amazing. I also remember the woman wearing their colourful dresses and the bright reds and greens of the vegetables on display.

**M**Y CHILDREN have inherited the travel bug. Even before my daughter Rosanna won the Miss World

title in 2000 she had travelled widely. Since then, she has been given the opportunity to spend a lot of time in so many interesting countries, including China,

the place and so does my manager, so we're being very wary about what we do because we don't want to make mistakes or have people accuse us of being stupid. We would like to visit Iran first as tourists and then put in place a concert tour.

Favorite places? I've spent a lot of time in Canada over the years and I love it. If you're looking for an unusual place to go in the summer, visit The Lakes in

northern Ontario because they are stunning. It also gets unbearably hot there.

I've done 25 years in Canada starting in Newfoundland in the east and travelling right across the country to Vancouver in the west. It's a gorgeous place. France is in my blood. I've been there many times. I speak the language and enjoy it. I also love Germany. Later this year I'm also going to Russia. I've done a few tours there. The Hermitage museum in St Petersburg is amazing, a real eye-opener.

I still have the budget for travel. You're on this earth for such a short time you may as well enjoy it while you're here and try to see as many different places as you can.

### GETTING THERE

Luxuryholidaysdirect.com offers seven-night packages flying with Air Mauritius to the One & Only Le Saint Germain, staying in a junior suite on a half-board basis, from £1,425 per person. One-way upgrades to business class on Air Mauritius cost from £160pp.

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